

# **1. Syllabus of Screening exam for Community Health Officer (Contractual)**

## **Post in Community Health Wellness Centres**

### TOPICS

- A. General awareness**
- B. Basics of Human Body**
- C. Basics Concepts of Public Health**
  - Concepts of Community Health
  - Health Care Planning and Organisation of Health Care at various levels
  - Environmental Health and Sanitation
  - Introduction to Epidemiology, Epidemiological Approaches and Processes.
  - Demography, Surveillance and Interpretation of Data.
  - Biomedical Waste Management and Infection Control
- D. Child Health**
  - Essential Care of Newborn at Birth
  - Management of Common Neonatal and Child Health Problems
  - Integrated Management of Neonatal and Childhood Illness
  - Introduction to Rashtriya Bal Swasthya Karyakaram (RBSK)
  - Universal Immunisation Programme (UIP)
- E. Family Planning and Adolescent Health**
  - Gynecological Conditions
  - Family Planning Methods, Spacing Techniques and Counseling
  - Medical Abortions and MTP Act
  - Counseling in Reproductive and Sexual Health including problems of Adolescents.
  - Management of Teenage Pregnancy
- F. Maternal Health**
  - Introduction to RMNCH+A Programme
  - Ante Natal Care
  - Intranatal Care
  - Early Identification, Management and Referral of Complications
  - Post Partum Care
- G. Communicable Diseases**
  - Epidemiology of Specific Communicable Diseases
  - Communicable Diseases- 1 Vector Borne Diseases
  - Communicable Diseases- 2 Infectious Diseases
  - Communicable Diseases- 3 Zoonotic Diseases
- H. Non- Communicable Diseases**
  - Epidemiology of Non- communicable Diseases
  - Non- communicable Diseases- 1
  - Non- communicable Diseases- 2
  - Occupational Diseases
  - Mental Health and Substance Abuse Disorders
  - Elderly Care
- I. Nutrition**
  - Introduction to Nutrition and Nutritional Assessment
  - Nutrition during Pregnancy and Lactation
  - Nutrition for Infants, Child, Adolescent and Elderly
  - Nutritional Deficiency Disorders
  - Food Borne Diseases, Food Safety
- J. Skills Based**
  - Public Health Skills
  - General Skills and Laboratory Skills
  - Skills for Management of Common Conditions and Emergencies
  - Maternal Health Skills
  - Reproductive and Adolescent Health Skills
  - Newborn and Child Health Skills
- K. General Medicine and Medical emergencies**
  - Common Conditions- Gastro Intestinal System
  - Common Conditions- Respiratory System
  - Common Conditions- Heart, Urinary System and Blood Disorders
  - Common Conditions- Ear, Eye, Nose and Throat
  - First Aid in Common Emergency Conditions
  - Disaster Management

**L. General Pharmacology**

- Essential Drugs

**M. General Surgery, Trauma and Burns, ENT & Ophthalmology**

- Common Surgical Conditions-1
- Common Surgical Conditions-2
- Congenital Malformations
- Screening of Common Cancers

**N. Miscellaneous Questions**

- Behavior Change Communication Skills and other Soft Skills
- Work Management and Monitoring
- Health Management, Account and Computing
- Records and Reports